



**MEDIA CONTACTS:**  
Morgan Canclini-Mitchell  
[morgan@twoopr.com](mailto:morgan@twoopr.com)  
615-933-8570

Kristin Carver Smith  
[kristin@thenewfashioned.co](mailto:kristin@thenewfashioned.co)  
615-438-0989

***A SEASON WITH MOM BY KATIE RUSSELL NEWLAND TAKES READERS ON A 30,000-MILE ADVENTURE TO FULFILL A DREAM, FIND HEALING AND HONOR A MOTHER’S LEGACY***  
***Releasing on April 6, 2021, Newland’s poignant memoir chronicles her journey to visit all 30 Major League Baseball parks after losing her mother to cancer and battling her own cancer diagnosis***

“After reading this book, you’ll be eager to imagine your own amazing next season. What might it look like to follow through on your childhood dream? What could a note written today look like to your mom or dad, grandmother or grandfather, living or passed from this world? How good would it feel to send someone encouragement or let them know how grateful you really are? *A Season with Mom* reignited a flame within me to never stop writing to people. I believe it will spark something inside you as well.”

— **Peyton Manning, NFL Hall of Fame Quarterback, from the foreword**

“Katie radiates an infectious joy in everything she does, including the telling of her inspirational story. Enjoy it!”

— **Chris Mortenson, ESPN journalist and cancer survivor**

“I’m so impressed by Katie’s ability to honor her mom’s legacy while also weaving in her visits to each of the ballparks.”

—**Dave Kaval, President of the Oakland Athletics, Author of *The Summer that Saved Baseball***

---

(NASHVILLE, Tenn.) February 19, 2021 — A 30,000-mile journey of hope and healing begins with a pact in Katie Russell Newland’s highly anticipated memoir, [\*A Season with Mom: Love, Loss and the Ultimate Baseball Adventure\*](#) (Harper Horizon, April 6, 2021). The story



opens with Katie's first letter to her late mother, Anne, as she recalls the trip they took to Chicago to watch the Cubs play — their favorite team. During the trip, they vow to one day visit all 30 Major League Baseball parks.

But life happens at a blistering pace, and the venture never materializes. Sadly, Anne battles cancer — throughout which she “gardened fiercely, read voraciously, and played [her] favorite games competitively” — and passes away at 69. Two years later, Katie receives her own devastating cancer diagnosis: Hodgkin's lymphoma and melanoma. But determined to fight, Katie approached cancer much like an ace pitcher's approach to big games.

“I decided to emulate the best pitchers — the ones who don't get rattled by external circumstances and who stand stoically on a fifteen-inch raised dirt mount on display, for all to see,” she writes. “They have a keen awareness of their strengths and understand how to manage their weaknesses. They don't let the strikes get them too pumped up and they don't let the balls or, even worse, the wild pitches bring them down. They exude mental strength.”

When she enters remission almost a year later, she decides it's time to begin a different kind of healing: To live the adventure her mom had always encouraged her to take, in her honor.

*A Season with Mom* is a series of poignant letters from Katie to her mom as she travels throughout the United States to fulfill their vow, reflecting on both the joys and complexities of the mother-daughter relationship, learning to love herself and appreciating her mom's vivaciousness for life — and baseball — along the way.

Cancer survivors, mothers and daughters, and baseball fans of all ages will relish *A Season with Mom*, which culminates in a surprise opportunity for Katie as she ends her journey at Wrigley Field in Chicago. But the surprises aren't over — Katie falls in love with more than just baseball as she meets a man who shares her love for the Cubs. Best of all, Katie realizes at the end of her journey that her mom was right (as moms most often are).

“It may have taken me 6 months, more than 270 innings and over 30,000 miles, but I got the message you were trying to tell me all those years ago,” Katie writes to her mother. “... I said yes to me, and I learned how to love the person staring back from the mirror.”

*A Season with Mom* is available on April 6, 2021, which happens to be her mother's birthday. Katie's journey to all 30 major league ballparks captured the attention and hearts of millions leading to coverage in ESPN, *People*, *Good Morning America*, the *Today Show*, Condé Nast



Traveler, and the *Huffington Post*. Learn more about Katie Russell Newland at [katie russellnewland.com](http://katie russellnewland.com) and follow her on Instagram [@katierussellnewland](https://www.instagram.com/katierussellnewland).

### **About Katie Russell Newland**

Katie Russell Newland is a writer and sports enthusiast with a PhD in language and literacy from the University of Texas at Austin. A survivor of both Hodgkin's lymphoma and melanoma, she is now in remission and lives with her family in Austin, Texas. When she's not watching sports or her favorite teams play (Chicago Cubs, New Orleans Saints and Texas Longhorns), she can be found at a music festival, hosting a board game night or playing pickleball.

### **About Harper Horizon**

Harper Horizon is a Nashville-based imprint within HarperCollins Focus, publishing nonfiction literature across a number of categories including self-help, memoir, health and wellness, cooking, and other inspirational topics that reflect the values and cultural diversity of America's Heartland. Harper Horizon exists to empower the minds of readers to all things possible, whether that is learning a new skill, building community, improving the environment, or having the courage to embody their beliefs. Learn more at [www.harper-horizon.com](http://www.harper-horizon.com).

###



## ABOUT THE AUTHOR



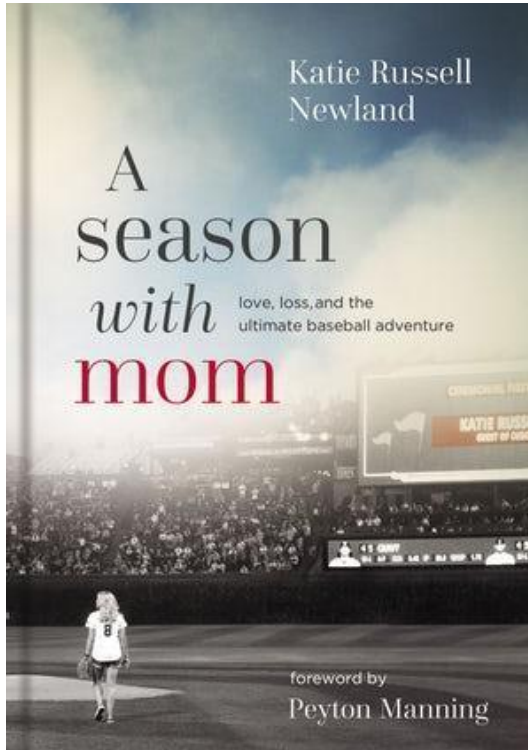
**Katie Russell Newland** is a writer and sports enthusiast with a PhD in language and literacy from the University of Texas at Austin. A survivor of both Hodgkin's lymphoma and melanoma, she is now in remission and lives with her family in Austin, Texas. When she's not watching sports or her favorite teams play (Chicago Cubs, New Orleans Saints, and Texas Longhorns), she can be found at a music festival, hosting a board game night, or playing pickleball. Katie's story has been featured by ESPN, *People*, *Good Morning America*, the *Today Show*, Condé Nast Traveler, and the *Huffington Post*.



## ABOUT THE BOOK

**Title: A Season with Mom**

**Subtitle: Love, Loss, and the Ultimate Baseball Adventure**



**AUTHOR:** Katie Russell Newland

**ISBN:** 9780785238881

**RELEASE DATE:** April 6, 2021

**HARDCOVER LIST PRICE:** \$24.99

**EBOOK LIST PRICE:** \$12.99

**PAGES:** 256

**PUBLISHER:** Harper Horizon

**WEBSITE:** [katie russellnewland.com](http://katie russellnewland.com)

**SOCIAL MEDIA:**

**Instagram:** [@katierussellnewland](https://www.instagram.com/katierussellnewland)

“Maybe you’ve been putting your own dreams on hold. Maybe you’re recovering from your own illness. Maybe you’ve lost someone you care about . . . After reading this book, you’ll be eager to imagine your own amazing next season.” —Peyton Manning, from the foreword

*A Season with Mom* offers readers an intimate, true story about the bond shared between a mother and daughter, a road trip to all 30 Major League Baseball (MLB) parks, and the importance of relishing every joy and struggle along the way.

The book is highly recommended for

- mothers and daughters
- cancer survivors
- baseball and sports fans of all ages
- anyone who has experienced loss . . . and maybe fallen in love along the way

Join Katie as she travels more than 30,000 miles to all 30 MLB parks in a single season, a rare feat covered by the likes of ESPN. Along with black-and-white photographs, Katie shares letters written to her mom, who died of cancer before the two of them could go on the adventure of a lifetime together.



During the journey, Katie beautifully illustrates the brevity of life, the impetus of adventure, and the clarity that comes by watching America's favorite pastime. *A Season with Mom* reminds readers that in life, as in baseball, sometimes you strike out, but sometimes you hit home runs. And even if the wait is longer than you'd hoped—like it was for the Chicago Cubs' long-sought World Series win—dreams can come true.



## SUGGESTED INTERVIEW QUESTIONS FOR KATIE RUSSELL NEWLAND

1. What do you think readers will enjoy the most about your book, *A Season with Mom*?
2. Did you ever imagine that your story would receive this kind of attention and inspire others like it has?
3. Peyton Manning wrote the foreword for *A Season with Mom* and describes playing with your brothers and family in your front yard. Tell us more about your relationship and how your love of sports has continued to flourish today.
4. Given that both you and your mom battled cancer, what would you say to those who are still grappling with their own or a loved one's diagnosis?
5. What was your biggest revelation as you were writing these letters to your mother?
6. You've been a baseball fan for as long as you can remember. What do you think is so magical and captivating about the game of baseball?
7. What were some of the most memorable ballparks that you visited? Were there any specific moments on your adventure that stood out?
8. For the reader who is considering embarking on their own journey to healing—be it visiting all 30 parks or trekking around the globe—what advice do you have for them as they're planning?
9. You note that this book will appeal to more than just baseball fans. Who do you think will be most impacted from reading this story?
10. What do you hope people will feel (or do) after they read this book?
11. Where can we learn more about you and *A Season with Mom*?



## PRAISE FOR *A SEASON WITH MOM*

“After reading this book, you’ll be eager to imagine your own amazing next season. What might it look like to follow through on your childhood dream? What could a note written today look like to your mom or dad, grandmother or grandfather, living or passed from this world? How good would it feel to send someone encouragement or let them know how grateful you really are? *A Season with Mom* reignited a flame within me to never stop writing to people. I believe it will spark something inside you as well.”

— **Peyton Manning, NFL Hall of Fame Quarterback, from the foreword**

“Katie radiates an infectious joy in everything she does, including the telling of her inspirational story. Enjoy it!”

— **Chris Mortenson, ESPN journalist and cancer survivor**

“There are... no words. This book took me on a journey that was like nothing I have experienced in a book.”

—**Addison Duffy, UTA**

“Katie’s great heart and tenderness, her joyous expansive energy, her infinite positivism, and her beautifully forthright writing created a wildly imaginative project and a book splendid in its embodiment of love. Throw your caps in the air for this winner.”

—**Naomi Nye, Author and Young People’s Poet Laureate, Poetry Foundation**

“I’m so impressed by Katie’s ability to honor her mom’s legacy while also weaving in her visits to each of the ballparks.”

—**Dave Kaval, President of the Oakland Athletics, Author of *The Summer that Saved Baseball***

“This memoir is a stunning tribute to her late mother and the sport they shared.”

—**Austin Monthly Magazine**

“A recommended memoir about the bond between a mother and daughter . . .”

—**Library Journal**

“A beautifully written, heartfelt narrative tying together a cancer survivor’s love of family with America’s enduring pastime of baseball.”

—**Anne Keene, Author of *The Cloudbuster Nine: The Untold Story of Ted Williams and the Baseball Team that Helped Win WWII***